

RECRUITING TIMELINE

Freshman Year

- You're 4 years from graduation, but there are things you can do to set yourself up for success later.
- Review eligibility requirements on the NCAA Eligibility Center.
- Meet with a student counselor at your high school to map your course plan so you are on the path to eligibility.
- Work hard in school! Your freshman grades will contribute 25% to your overall graduation GPA. Now is the time to get ahead of the curve, not behind.
- Start thinking about the types of schools and locations that may be of interest to you.
- Start your soccer profile (review TSC player profile - Template). Select an email address that you will use to communicate with the coaches. This email should be consistent through your recruiting process. If you change services you need to communicate it to all schools you might have interest in.
- Attend summer camps and tournaments.

Sophomore Year

Division 1: Coaches cannot contact you personally yet; they can only send general and camp information. You can call the coach at your own expense.

Division 2: You can call the coach at your own expense. After June 15th, coaches can call, text, and email you unlimited.

- Develop a list of criteria which represents the ideal school for you.
- Begin compiling a list of schools which meet your interests. Research their academic and athletic programs to ensure they will be a good fit and see how they stack up against your criteria. Make the list large, but manageable (no more than 50 schools).
- Return to the NCAA Eligibility Center, review the requirements again (just in case they have changed) and make certain your high school course plan still covers all the core courses you need to be eligible.
- Start considering who will provide you with recommendation letters, building a good reputation takes time.
- Continue with focus on GPA, community service, and extracurricular activities.
- Research potential schools of a wide variety, build an extensive pool (20-30).
- Take unofficial visits to potential schools.
- Update your soccer profile by including video of your play and write a cover letter to go with it.
- Send informational letter, schedule, and video to coaches from those schools of interest via e-mail or regular mail.
- Attend major college showcase events & college ID camps.

Junior Year

Division 1: You can call the coach at your own expense. You can receive a call once per week starting July 1st after your Junior year.

Division 2: You can call the coach at your own expense. College coach can call, text, and email you unlimited.

- The summer before your junior year, register with the NCAA Eligibility Center.
- Send coaches your Player Profile, including dates and names of tournaments where they can see you play.
- Make a list of names and phone numbers of coaches you have contacted, and if you heard back from them. Remember all competitive college soccer is played in the fall, so do not expect a lot of strong interest from anyone at this time of year as coaches will be very busy with their own seasons.
- Make a list of all the schools you have been in contact with and rank them in order starting with your favorite (based on what you know at this point).
- Most likely, if you are calling a coach, you will get his or her voicemail. Practice leaving voice messages beforehand.
- If you do get in touch with a coach, make sure you take notes during the conversation. Also, keep a list of your top five questions to ask and make sure these questions cannot be answered simply by looking at the school's website.
- Make a list of answers to questions you think the coach will ask you, so you are prepared.
- Play in college showcase tournaments, and try to attend the camps of the schools you are most interested in, or a camp elsewhere that you know a coach you want to meet is working.
- Attend recruiting seminars whenever possible (often at showcase tournaments).
- Narrow your search to 10 or so schools and engage in regular correspondence with their coaches.
- Take the SAT or ACT, then make sure your scores are sent to your schools of interest.
- Check your status with the NCAA Eligibility Center.
- Attend major college showcase events & college ID camps.

Senior Year

Division 1: You can call the coach at your own expense. Coaches can call you once per week starting July 1st.

Division 2: You can call the coach at your own expense. College coach can call, text, and email you unlimited.

- Check your status with the NCAA Eligibility Center.
- Narrow your search to five schools and apply early.
- Obtain and complete a FAFSA form with current tax information.
- Respond immediately to any interest shown by schools.
- Make Unofficial (at your expense) & Official (at school's expense) Visits to selected schools. Meet with the coach and watch the team play, if possible. If you can, stay overnight with a player on the team so you can get an idea of what their life is like, and see if it is a good fit for you.

- Be clear with the coaches about your interest, but also keep your options open.
- At some point, you will also need to complete academic applications for the schools you are interested in. There may be application deadlines: don't miss them.
- Make a decision.